

News Release

For Immediate Release

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Sparta Walmart Supports Couleecap's Monroe County Food Pantry

(Sparta, WI) It is with great pleasure we announce that Couleecap has been awarded a grant for \$1,000 from Sparta Walmart. "Walmart's support will provide support for the 575 people who utilize the food pantry each month," said Kim Cable, Couleecap's Housing & Community Services Director.

The primary goal of the Couleecap's Monroe County food pantry is to provide supplemental food to households who are food insecure and who meet the income eligibility requirements. Recipients receive education on how to better utilize their food resources and how to maximize their food budget. Recipients receive food one time per month, based upon household size. Individuals and families who do not meet these income guidelines may receive food on their initial visit to the pantry, then they are referred to other resources.

The sustainability of the Monroe County Food Pantry also relies on community donations, both food and financial, from a variety of individuals and organizations. Couleecap initiates and participates in several food drives annually to keep food stocked in the pantry. Couleecap seeks private donations, as well as applying for funding from local foundations and business groups. To learn more about volunteering or making a donation please contact Stephanie Rahr, Food Projects Coordinator at Stephanie.Rahr@couleecap.org.



Sparta Walmart supports Couleecap Monroe County food pantry in Sparta!
Pictured left to right: Sparta Walmart Store Manager, Carrie Gulley and Couleecap Food Project Coordinator, Stephanie Rahr.

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About Couleecap, Inc.

Couleecap, Inc. is a private non-profit 501c3 charitable organization. Couleecap helps people in need with housing, food, transportation, and more. Created in 1966, we are a community action program that fights poverty and promotes self-sufficiency in Crawford, La Crosse, Monroe, and Vernon counties. Learn more at couleecap.org, [Facebook](#), [Twitter](#), and [YouTube](#).